IN CASE OF ICE

Family Preparedness Plan

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REDUCE STRESS. PLAN AHEAD.

DOCUMENTS

Gather all important documents, make copies, and organize them in a folder. Share a copy with a trusted lawyer or family member.

- ○ Identification Cards
- ○ Passports
- ○ Birth Certificates
- ○ Marriage Certificates
- ○ School Records
- ○ Bills, leases, or employment records that prove you have been in the United States for two years or more.

EMERGENCY BAG

Pack a small bag with the essentials.

- ○ Red Cards
- ○ Medications
- ○ Glasses/contact lenses
- ○ Photos of your children and family
- ○ Know Your Rights Cards
- ○ Cash
- ○ First Aid Kit

DESIGNATE A TRUSTED EMERGENCY CONTACT OUTSIDE YOUR HOUSEHOLD

Ask if they will help you if you are detained. Give that person a copy of this packet and your documents. Write their name, phone number, and address here:

_____

PLAN FOR YOUR FAMILY

DESIGNATE SOMEONE TO TAKE CARE OF YOUR CHILDREN, PETS, OR DEPENDENT RELATIVES IF YOU ARE DETAINED.

THINGS TO CONSIDER

- ○ You may need a Power of Attorney. Ask a lawyer about designating someone you trust to act on your behalf if you are detained, particularly if you have children who are under age 18.
- ○ Talk to your children and dependent relatives. Tell them who will step in to care for them if you should have to leave because you are detained. If they don't know the person, make introductions.
- ○ Make sure the guardian or power of attorney knows about any special medical needs, likes or dislikes, or fears your children, dependent relatives, or pets might experience while they are under their care.
- ○ Equip the guardian or power of attorney with important documents for the dependent they will be caring for.
- ○ Add the guardian to the dependent's medical records; make him/her an emergency contact and sign to allow him/her the ability to make decisions for adults, children, and pets alike.

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Disclaimer: NO2ICE provides general information only. This form is not intended to be legal advice. For advice, consult an immigration attorney or accredited representative. Source: https://www.informedimmigrant.com/resources/detention-deportation/steps-take-prepare-family/#accordion__heading-Financial-planning-for-legal-expenses.

Emergency Contact List

Family Name:

Address:

E-mail

Cell Phone:

Name
Cell Phone
E-mail
Notes

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Cell Phone
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MEDICAL HISTORY

Name : _____

Age : _____ Birthdate : _____

Blood Group : _____

Primary Doctor : _____

Phone number _____

Allergies : _____

Chronic Conditions : _____

MEDICATIONS	DOSAGE	PHARMACY

DATE	ILLNESS / SURGERIES	DOCTOR / HOSPITAL